

THE OPIOID RISK TOOL (ORT)

Factor		Score	
		Female	Male
1. Family History of Substance Abuse	Alcohol	[1]	[3]
	Illegal Drugs	[2]	[3]
	Prescription Drugs	[4]	[4]
2. Personal History of Substance Abuse	Alcohol	[3]	[3]
	Illicit Drugs	[4]	[4]
	Prescription Drugs	[5]	[5]
3. Age (If between 16 to 45)		[1]	[1]
4. History of Preadolescent Sexual Abuse		[3]	[0]
5. Psychological Disease	ADD, OCD, Bipolar, Schizophrenia	[2]	[2]
	Depression	[1]	[1]
TOTAL Score			
Low Score = 0 to 3			
Moderate Score = 4 to 7			
High Score = ≥8			

NOTES

- A score of <3 indicates low risk
- A moderate risk score is 4 to 7
- High risk scores are ≥8
- The main drawback of the ORT is its susceptibility to deception.

Low risk patients should be urine drug tested every 6 months.

For higher risk patients, urine drug tests should be performed more frequently.

For very high risk patients, urine drug tests should be performed at every visit. In addition, these patients should have their names checked in the state prescription monitoring program (PMP) prior to every prescription of a controlled substance.